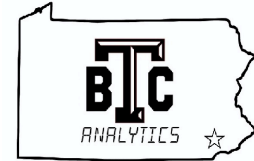


PRESENTS:

# The Eastern PA Youth Football Academy

POWERED BY:



## July 20<sup>th</sup>, 2019

9am-2pm

**ALVERNIA UNIVERSITY FOOTBALL STADIUM**

Grades 2-8

**REGISTRATION**

**\$45** before June 30; **\$55** July 1 to July 15; **\$65** walk-up registration (cash only)

To register, please visit:

[www.firstandgoalsportscamps.com](http://www.firstandgoalsportscamps.com)

**QUESTIONS?** Contact Ed Myers at 610-621-6281

### PURPOSE

In addition to teaching football skills (blocking, tackling, ball handling, passing, receiving, defensive skills), we will focus on valuable life skills to help youngsters deal with adversity, handle relationships, and develop a positive culture. Through the efforts of *First and Goal Sports* and *The Anti-Bully Squad*, the academy will teach our rising star participants how to develop strength of character while being leaders on and off the football field. We will also teach speed and agility drills that are designed for off-season training and improvement. And, as a bonus for our middle school participants (grades 6-8), verified laser combine times will be provided through *Pick Six Previews* and *BTC Analytics*.

### EVENT DETAILS

**Check-In:** 8:30am

**Lunch:** Concessions will be available. Participants may bring a non-perishable lunch and/or eat with their parents who are encouraged to stay. Lunch will occur from 11:30am to 12:00pm.

**What to Bring:** Cleats (optional), water bottle, sunscreen, lunch or money to buy lunch.

**Event will run rain or shine. Trainers will be on-site. Participants will receive a T-Shirt & Lanyard.**

PROUD PARTNERS IN DEVELOPING YOUTH AND SUPPORTING OTHERS

