



## Mail Application & Fee by 5/1/2011

**Application**-Please print clearly in ink.

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Social Security No. \_\_\_\_\_

Grade Entering \_\_\_ Age \_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

School \_\_\_\_\_

Coach \_\_\_\_\_

Position \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Choose one option:

\_\_\_\$50 in full if registered by 5/1/11

\_\_\_\$65 in full if registered after 5/1/11

**Youth T-shirt Size:** S M L XL

(Please circle one)

\*Non-refundable \$50.00 must accompany registration form.

**Make checks payable to:**

**Jim Terwilliger**

**Mail to: Pleasant Valley High School, Route 209  
Brodheadsville, PA 18322**

## Medical Insurance Information

Company Name \_\_\_\_\_

Policy Number \_\_\_\_\_

Group Number \_\_\_\_\_

Name of Parent/Guardian \_\_\_\_\_

I hereby authorize the camp staff and athletic trainers of Pleasant Valley High School to act for my son/daughter in their best judgment in any emergency situation. I also authorize my son's/daughter's attendance in The Air Raid Academy. I certify that he/she is in good health and is able to participate in all camp activities. I understand that the camp staff, trainers, and high school will not be held responsible for any injuries that occur on the way to, during or on the way home from Pleasant Valley.

Parent/Guardian Signature



## Cost

**If registered by May 1<sup>st</sup> - \$50.00**

**Any day after May 1<sup>st</sup> - \$65.00**

## CAMP ITINERARY

**8:00** Registration

**9:00** Warm-up: Dynamic/Static Stretch

**9:30** Back to Basics: QB/WR 101

**10:00** Core Fundamental Drill Set

**11:00** QB/WR routes

**11:30** Skill Competition

**12:00** Lunch Break / Video

**1:00** Guest Speakers- Q & A

**1:45** Warm-up Static stretch

**2:00** Core Fundamental Drill Set

**2:30** QB/WR Challenge

**3:30** Camp Ends

## Directions

Pleasant Valley High School Athletic Facilities are located directly on Route 209 in Brodheadsville, PA.

The camp will be held at *Pleasant Valley Bears Stadium* which has a state of the art NeXturf surface.



## TAKE COVER!!



# Jim Terwilliger

&

# Evan Prall's

## AIR RAID ACADEMY

**Northeast Pennsylvania's Elite**

**Youth Quarterback & Receiver Camp**

**Saturday June 11<sup>th</sup>, 2011**

**Pleasant Valley High School**

**"Learn advanced skills needed to  
AIR IT OUT and TAKE YOUR SHOTS!"**

Check us out at:

**[www.airraidacademy.com](http://www.airraidacademy.com)**



## Meet the Coaches

### Jim Terwilliger-

- \* He holds 16 ESU, and 15 NCAA D2 records.
- \* 2005 National Player of the Year
- \*AP-Little All-American in 2005 & 2006.
- \*D2 All-American in 2004, 2005, 2006
- \*National Offensive Player of the Year in 2003, and 2004.
- \*First Team all conference four years 03,04,05,06.
- PSAC Player of the Year three times 2003, 2004, & 2006.
- \*Attended minicamp with the Minnesota Vikings in the spring of 2007.
- \*Tutored 3 different 1,000+ yard passers.
- \*2010 Pocono Record Coach of the Year.

### Evan Prall-

- \*Member of the New York Jets during 2007 season
- \*Signed as a free agent to the Arizona Cardinals in 2007
- \*Holds 13 ESU and 2 PSAC records
- \*AP Little All-American in 2005, 2006

- \* 1st Team All-Region in 2005, 2006
- \*1st Team All-PSAC 2005, 2006
- \*3rd all-time in DII history with 1,776 yards receiving in a single season
- \*Wide receivers coach and special teams coordinator at Scranton Prep High School

## Contact Info

**Jim Terwilliger**

**Evan Prall**

(W) 570-402-1000 ext. 4026

(W) 570-562-2121 opt.9 ext 633

(H) 570-424-5642

(H) 570-906-1945

[Terwilliger.Jimmy@pvbears.org](mailto:Terwilliger.Jimmy@pvbears.org)

[evpra@aol.com](mailto:evpra@aol.com)

## Past Assistant Coaches

Matt McGloin- Penn State Univ.

Tino Sunseri- Univ. Of Pittsburgh

Ray Wagner- East Stroudsburg Univ.

Hubie Graham- Univ. Of Pittsburgh

Matt Triolo- East Stroudsburg Univ.

Rob Moyer- Muhlenberg College

Joe Trebitz- Univ. Of Pittsburgh

Go to [www.airraidacademy.com](http://www.airraidacademy.com) for a list of this year's assistant coaches!

## Air Raid Academy

**WHO:** Aspiring QB's & WR's age 7-14

**WHAT:** One full day of basic technical instruction, advanced drill repetition, and skill building needed to become a great QB/WR.

**WHERE:** Pleasant Valley High School sports facilities, located in Brodheadsville, PA. (See directions)

**WHEN:** Saturday, June 11<sup>th</sup>. Registration begins at 8:00 am, workouts start promptly at 9:00 am. Camp will end at 3:30 pm; campers will be provided a lunch and refreshments.

**WHY:** To provide cutting edge instruction for young aspiring quarterbacks and wide Receivers. To educate youth programs on skills and drills needed to implement a successful passing game.

## Academy Requirements

- \*Workout attire (T-shirt/Shorts)
- \*Proper footwear (Cleats/Sneakers in case of rain)
- \*Quarterbacks should bring their own football (extra footballs will be provided)
- \*Lunch and Drinks will be provided for athletes only, concessions are also available on site.
- \*A winning attitude and a burning passion to learn the game of football.

## Air Raid Academy

After participating in the Air Raid Academy athletes will:

- \*Learn skills needed to improve QB/WR play.
- \*Participate in drills designed to maximize technical understanding of the sport.
- \*Receive personal feedback from highly qualified instructors.
- \*Gain a better understanding of the mental aspect of each position.
- \*Compete in fun and motivating challenges.
- \*Have Fun Learning the Passing Game!

\*\*All coaches welcome to observe and or film\*\*

